

| | 4 S | 5 M | 6 | 7 |
|--------|-------------|-------------|-------------|-------------------------|
| | | | L | |
| CHEST | 22 - 23 | 23 - 24 | 24 - 24 1/2 | 24 ^{1/} 2 - 25 |
| WAIST | 21 - 21 1/2 | 21 1/2 - 22 | 22 - 22 1/2 | 22 1/2 - 23 |
| INSEAM | 17 - 18 | 18 - 19 | 19 - 20 | 20 - 20 1/2 |
| HEIGHT | 39 - 41 | 42 - 44 | 45 - 46 | 47 - 48 |

CHEST

With a tape measure, hold it level and measure around the fullest part of the chest, under the arms and around the shoulder blades

WAIST

With the tape measure, hold it level and measure the circumference at the waist's natural bend.

HIP

With the tape Imeasure, hold it level and legs straight. Measure the circumference at the fullest point.

INSEAM

While standing without shoes and with feet slightly apart, measure from crotch along leg leg to the floor.